

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Ian Van Der Walt

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2018 #1

held at Cowhouse Market.

**TIME** 01:59:44

**PACE** 04:06/km

**OVERALL** 3 of 20

04 March 2018, Sun

Date

**GENDER** 3 of 14

**40 - 49** 1 of 7



BoutTime

Signature